

# 1 Twisting of Charged Nanoribbons to Helicoids Driven by 2 Electrostatics

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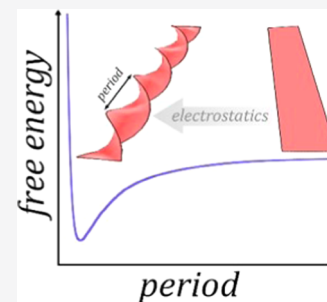


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4 **ABSTRACT:** Charged amphiphiles in solution usually self-assemble into flat nanoribbons that  
5 spontaneously twist into different shapes. The role of electrostatics in this process is still under  
6 strong debate. This work studies the electrostatic free energy of twisting a nanoribbon at the level  
7 of the nonlinear Poisson–Boltzmann approximation. It is shown that helicoid-shaped ribbons are  
8 more stable than flat ribbons, while other shapes under consideration (cylindrical helices and bent  
9 ribbons) are always less stable than the flat ribbon. The unexpected electrostatics-driven twisting  
10 of the ribbon into a helicoid is ascribed to the increase in its perimeter with increasing degree of  
11 twisting, as charges near the edge of the ribbon are electrostatically more stable than those near its  
12 center. This argument successfully explains the effects of salt concentration and the width of the  
13 ribbon on the optimal twisting period and allows us to approximately describe the problem of  
14 ribbon twisting in terms of two dimensionless variables that combine the helicoid twisting period,  
15 the Debye length of the solution, and the width of the ribbon. The magnitude of the electrostatic twisting energy predicted by our  
16 calculations is comparable to that of restoring elastic forces for typical ribbons of self-assembled amphiphiles, which indicates that  
17 electrostatics plays an important role in determining the equilibrium shape of charged nanoribbons.



## 18 ■ INTRODUCTION

19 Thin nanoribbons are a typical outcome of the self-assembly of  
20 amphiphilic molecules in solution,<sup>1–5</sup> such as amyloid peptides  
21 and synthetic peptide amphiphiles. Nanoribbons could further  
22 twist forming a variety of supramolecular morphologies,  
23 including helicoids (twisted ribbons)<sup>3,6–9</sup> or helices (helical  
24 ribbons),<sup>7,9,10</sup> among other possibilities. There is reasonable  
25 consensus in the literature that chiral interactions between the  
26 molecules forming the supramolecular assembly promote  
27 twisting.<sup>2,3,9,11,12</sup> In this description, the intrinsic chirality of  
28 the molecules allegedly generates chiral twisted nanostructures.  
29 For example, it was proposed that ribbons formed by  
30 amphiphilic peptides twist because of the misalignment of  
31 hydrogen-bond acceptors and donors due to the chirality of  
32 the molecule.<sup>13</sup> The emergence of nanoscale chirality from  
33 molecular-scale chirality was profusely studied by different  
34 theoretical approaches that consider the chiral elastic proper-  
35 ties of the ribbons.<sup>14–18</sup> Recently, Zhang *et al.*<sup>19</sup> developed a  
36 remarkably predictive model of the twisting of self-assembled  
37 ribbons based on continuum mechanics. They showed that the  
38 torsion of ribbons arises from the competition between  
39 hydrogen-bond interactions that present a preferable torsion  
40 angle and hydrophobic attractive interactions that minimize  
41 their energy in the absence of torsion.

42 The role of electrostatic interactions in nanoribbon twisting  
43 is much more controversial than that of molecular chirality.  
44 Electrostatic interactions, which are intrinsically nonchiral,  
45 have been shown to play a relevant role in nanoscale twisting:  
46 it has been reported that the state of charge of the  
47 molecules<sup>7,20</sup> and the ionic strength of the solution<sup>8,21,22</sup> affect

the morphology of twisted ribbons. Furthermore, Hu *et al.*<sup>48</sup>  
have shown that pure negatively or positively charged  
49 amphiphilic peptides aggregate into twisted ribbons; however,  
50 a 1:1 mixture of both amphiphiles forms flat nanobelts.<sup>5</sup> These  
51 experiments renew the interest in understanding how electro-  
52 static interactions affect the morphology of ribbon-like  
53 nanoassemblies, a fundamental question that remains largely  
54 unanswered.  
55

In the past, the role of electrostatic interactions in the  
56 twisting of nanoribbons was theoretically studied using chiral  
57 polarization effects,<sup>23</sup> scaling arguments,<sup>24</sup> approximate ana-  
58 lytical solutions of the Poisson–Boltzmann (PB) equation,<sup>4</sup>  
59 and simulations using pairwise-additive screened coulombic  
60 interactions (Yukawa potential) between point charges.<sup>25</sup> In  
61 this report, we present the first study to decipher the role of  
62 electrostatics in twisting based on solving the fully nonlinear  
63 Poisson–Boltzmann (PB) equation.<sup>26,27</sup> This model predicts  
64 the electrostatic contributions to the free energy of the system  
65 for a surface immersed in an electrolyte solution. Importantly,  
66 we avoid simplifications such as the linearization of the PB  
67 equation or the assumption of pairwise additivity.  
68

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## 69 ■ METHODS

70 **Theoretical Methods.** The thermodynamic potential that  
71 describes the electrostatic contribution to the free energy of a  
72 charged ribbon in a salt solution is the grand-canonical  
73 potential  $\Omega(T, V, \{\mu_i\}, N_q)$ ,<sup>28</sup> which considers a system at  
74 constant temperature ( $T$ ), volume ( $V$ ), chemical potential of  
75 the free ions ( $\mu_i$ ), and number of fixed charges ( $N_q = A \cdot \sigma$ ,  
76 where  $A$  is the surface area). This potential is

$$\begin{aligned} \beta\Omega = & \sum_{i=a,c} \int \rho_i(\mathbf{r}) [\ln(\rho_i(\mathbf{r})/\rho^0) - 1] d\mathbf{r} \\ & + \beta \sum_{i=a,c} \int \rho_i(\mathbf{r}) (\mu_i^0 - \mu_i) d\mathbf{r} \\ & + \beta \int \left[ \left( \sum_i \rho_i(\mathbf{r}) q_i \right) \varphi(\mathbf{r}) - \frac{\epsilon_r \epsilon_0}{2} (\nabla \varphi(\mathbf{r}))^2 \right] \\ & d\mathbf{r} + \beta \int_S \varphi(\mathbf{r}) \sigma dS \end{aligned} \quad (1)$$

77 where  $\rho_i(\mathbf{r})$  is the number density of the ions at position  $\mathbf{r}$  ( $i =$   
78  $a, c$  for anions and cations, respectively),  $\rho^0$  is a reference  
79 density (whose choice does not have thermodynamic  
80 consequences),  $\varphi(\mathbf{r})$  is the electrostatic potential at position  
81  $\mathbf{r}$ ,  $\beta = 1/k_B T$  ( $k_B$  is Boltzmann's constant),  $q_i = |e|$  and  $-|e|$  for  $i$   
82  $= c$  and  $a$ , respectively ( $|e|$  is the elemental charge),  $\epsilon_0$  is the  
83 vacuum's dielectric permittivity, and  $\epsilon_r$  is the relative dielectric  
84 permittivity (we use water's value at 25 °C,  $\epsilon_r = 78.5$ ). Each  
85 term in eq 1 represents a contribution to the grand free energy.  
86 The first term is the free energy associated with the mixing  
87 entropy of the anions and cations. The second term is the  
88 energy associated with the chemical potential of the ions. The  
89 third and fourth terms are the electrostatic contributions to the  
90 free energy associated with the volume charge density of the  
91 solution and the surface charge density of the ribbon,  
92 respectively.

94 The equilibrium properties of the system are determined by  
95 finding the functional extremum of  $\Omega$  with respect to  $\rho_i(\mathbf{r})$  and  
96  $\varphi(\mathbf{r})$ . This procedure results in the well-known PB  
97 equation<sup>26,27</sup>

$$\nabla^2 \varphi(\mathbf{r}) = - \frac{\sum_i \rho_i(\mathbf{r}) q_i}{\epsilon_0 \epsilon_r} \quad (2)$$

99 with

$$\rho_i(\mathbf{r}) = \rho_i^{\text{bulk}} \exp(-\beta q_i \varphi(\mathbf{r})) \quad (3)$$

101 The boundary conditions of eq 2 are

$$\varphi^{\text{bulk}} = 0 \quad (4)$$

103 and on the ribbon surface

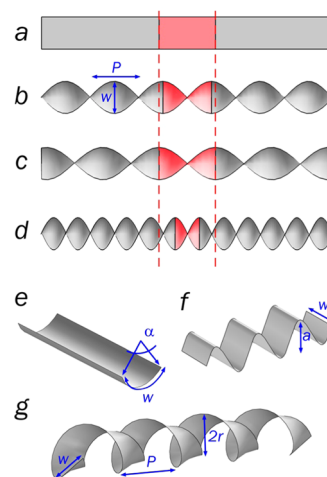
$$\nabla_n \varphi(S) = - \frac{\sigma}{\epsilon_r \epsilon_0} \quad (5)$$

105 We solved eqs 2–5 using the finite-element method (FEM)  
106 implemented in COMSOL Multiphysics 5.2 (the **Supporting**  
107 **Information** (SI) describes details of the implementation,  
108 control calculations, and convergence tests). The calculation  
109 was performed by enforcing periodic boundary conditions in  
110 the long axis of the ribbon; therefore, we are effectively  
111 modeling infinite ribbons. The value of  $\Omega(T, V, \{\mu_i\}, N_q)$  at its  
112 extreme, which results from inserting the values of  $\rho_i(\mathbf{r})$  and  
113  $\varphi(\mathbf{r})$  that satisfy eqs 2–5 into eq 1, is a criterion of

thermodynamic stability,<sup>28</sup> i.e., for fixed  $T, V, \mu_i$  and  $N_q$  114  
smaller values of  $\Omega$  indicate a more stable structure. To assess 115  
the relative stability of systems within calculation boxes having 116  
different  $V$  and  $N_q$ , we compared the excess value of  $\Omega$  per unit 117  
area of the surface,  $\Omega^*$ , which, as explained in the **Supporting** 118  
**Information** of ref 29, is the proper thermodynamic potential 119  
to compare the thermodynamic stability of infinitely long 120  
ribbons. 121

## 122 ■ RESULTS AND DISCUSSION

We calculate the free energy of thin, long nanoribbons of 123  
different shapes (helicoids, helices, longitudinally and trans- 124  
versally bent ribbons, and flat ribbons; see **Figure 1**) immersed 125



**Figure 1.** Representation of a flat ribbon (a), helicoid-shaped ribbons (b–d), a longitudinally bent ribbon (e), a transversally bent ribbon (f), and a helical ribbon (g). The red shaded region in (a)–(d) defines ribbon-to-helicoid transformations that conserve the area of this region (b), its length (c), or its contour length, i.e., perimeter not including the lines normal to the edge of the ribbon (d). The width is constant in the three transformations. Blue arrows indicate the relevant geometric parameters for each morphology.

in a 1:1 electrolyte aqueous solution. The parameters 126  
characterizing these shapes are the salt concentration of the 127  
solution, the width of the ribbon ( $w$ ), its surface charge density 128  
( $\sigma$ ), and its state of deformation. The latter is defined by the 129  
period of twisting ( $P$ ) for helicoid-shaped ribbons, the period 130  
of twisting ( $P$ ) and radius ( $r$ ) for helical ribbons, the angle of 131  
bending ( $\alpha$ ) for longitudinally bent ribbons, and the amplitude 132  
of bending ( $a$ ) for transversally bent ribbons. **Figure 1** shows 133  
representations of the considered shapes, where the parameters 134  
that define the state of deformation are marked with blue 135  
double arrows. 136

The twisting of a flat nanoribbon to a helicoid can be 137  
performed under different conditions. The most reasonable 138  
assumption for nanoribbons self-assembled from amphiphilic 139  
molecules is to fix the width of the ribbon and its area, i.e., a 140  
transformation that keeps the area of the red region in the flat 141  
ribbon shown in **Figure 1a** fixed when twisting it into the 142  
helicoid in **Figure 1b**. The constant-width assumption is 143  
reasonable for self-assembled ribbons because the width is 144  
fixed by the number of molecules along the short axis of the 145  
ribbon. The constant-area transformation is also reasonable as 146  
it is equivalent to fixing the intermolecular distances within the 147  
ribbon, which are mainly determined by interactions at the 148

149 molecular scale. As a corollary, a constant-area transformation  
 150 will keep the surface charge density of the ribbon fixed. Besides  
 151 constant-area twisting, one can also envisage constant-  
 152 perimeter and constant-length twisting (helicoids in Figure  
 153 1c,d), but these transformations are unphysical for self-  
 154 assembled nanoribbons. Therefore, in the discussion below,  
 155 we will focus on the constant-area transformation and report  
 156 the results for the constant-perimeter and constant-length  
 157 twisting in the Supporting Information (SI).

158 In our model, we approximated very thin and long  
 159 nanoribbons as infinitely long charged surfaces with no  
 160 thickness. The surface is immersed in a solution of mobile  
 161 ions with a constant chemical potential fixed by the salt  
 162 concentration of the bulk solution (*i.e.*, very far from the  
 163 surface). We considered only the electrostatic contributions to  
 164 the free energy (see Methods) because we are interested in  
 165 understanding how purely electrostatic effects affect twisting.  
 166 Therefore, the results discussed below do not include  
 167 contributions from elastic deformations and they describe a  
 168 physically meaningful system only in the limit where  
 169 electrostatic interactions dominate over elastic effects. At the  
 170 end of this work, we compare the electrostatic and the elastic  
 171 contributions and show that their order of magnitude is  
 172 comparable; therefore, in the most likely scenario, none of  
 173 these contributions are negligible.

174 Figure 2a shows the change of  $\Omega^*$  for the constant-area  
 175 transformation of a charged flat ribbon into a helicoid ( $\Delta\Omega^* =$   
 176  $\Omega^*_{\text{helicoid}} - \Omega^*_{\text{flat ribbon}}$ ) as a function of the period of twisting  
 177 ( $P$ ) for different salt concentrations. Note that, in this plot,  
 178 a helicoid with  $P \rightarrow \infty$  is equivalent to the flat ribbon; therefore,  
 179  $\Delta\Omega^* \rightarrow 0$  as  $P \rightarrow \infty$ . Figure 2a shows that, for all values of salt  
 180 concentration,  $\Delta\Omega^*$  has a minimum as a function of  $P$ .  
 181 Therefore, at the equilibrium twisting period,  $P_{\text{eq}}$  the helicoid  
 182 is more stable than the flat ribbon. This observation is the most  
 183 important result of this work, as it shows that electrostatics  
 184 spontaneously promotes the twisting of a charged ribbon in  
 185 solution.

186 It is important to stress that the shape of the ribbon is fixed  
 187 during the calculations, and, therefore, our theory does not  
 188 include the effects of thermal fluctuations on the shape. In the  
 189 absence of chiral interactions, thermal fluctuations may affect  
 190 long-range order in the system because electrostatically  
 191 induced twisting can produce left-handed and right-handed  
 192 helicoids with equal probability. On the other hand, if the  
 193 chirality of the ribbon is fixed by molecular chirality, thermal  
 194 effects produce a distribution of twisting periods around the  
 195 optimal value observed in Figure 2a.<sup>18,19</sup> In the SI, we include a  
 196 more detailed analysis of how the thermal fluctuations affect  
 197 the twisting period of ribbons in the latter case.

198 It is important to mention that, of all of the different shapes  
 199 considered in Figure 1, the helicoid-shaped ribbon is the only  
 200 structure that is more stable than the flat ribbon (see the SI).  
 201 For example, for helical ribbons,  $\Delta\Omega^*$  monotonically decreases  
 202 with the helix period for a fixed radius. This result is in  
 203 agreement with experimental observations that show that  
 204 charge screening<sup>30</sup> and pH-driven neutralization<sup>7</sup> disfavor the  
 205 formation of helical ribbons. We believe that the special  
 206 stability of the helicoid may be originated in the fact that the  
 207 helicoid and the flat ribbon are minimal surfaces (they have  
 208 zero mean curvature), while the other structures in Figure 1 are  
 209 not.<sup>31</sup>

210 We hypothesize that the stability of the helicoid with respect  
 211 to the nontwisted ribbon arises from the competition between

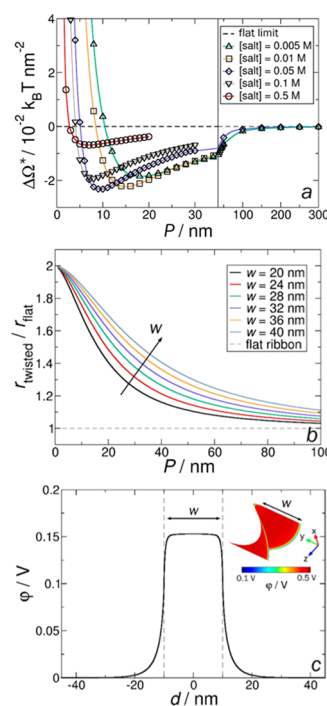


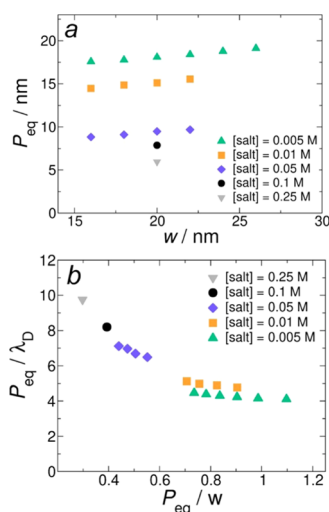
Figure 2. (a) Excess free energy per unit area for the transition of a charged flat ribbon into a helicoid ( $\Delta\Omega^*$ ) as a function of the period of twisting ( $P$ ), for different salt concentrations. Calculations were performed at a constant ribbon area. Note that the vertical solid line separates two different scales of  $P$ . (b) Perimeter-to-area ratio of a twisted ribbon ( $r_{\text{twisted}}$ ) relative to that of a flat ribbon ( $r_{\text{flat}}$ ) as a function of the period of twisting, for different values of ribbon or in a highly saline condition width. (c) Electrostatic potential ( $\phi$ ) as a function of the distance to the center of the ribbon ( $d$ ) along a line normal to the edge of the ribbon (line with arrows in the inset). Gray dashed lines show the lateral boundaries of the ribbon. The inset shows a color map of  $\phi$  at the surface of the ribbon. Calculation parameters:  $w = 20$  nm,  $\sigma = 1$   $\text{e}^-/\text{nm}^2$ , salt concentration = 0.005 M (panel c).

two opposite electrostatic effects. On the one hand, increasing  
 212 the degree of twisting (*i.e.*, decreasing period) decreases the  
 213 average distance between charges, which increases the  
 214 electrostatic repulsions. This effect clearly destabilizes twisted  
 215 structures. On the other hand, the perimeter-to-area ratio of  
 216 the helicoid increases with decreasing  $P$ ; see Figure 2b. In  
 217 particular, a helicoid has a larger perimeter-to-area ratio than a  
 218 flat ribbon of the same width and area. Charges at the edge of  
 219 the ribbon experience less electrostatic repulsions than those  
 220 located at its center because a charge at the ribbon edge can  
 221 accommodate a double layer of oppositely charged ions more  
 222 effectively than a central charge. This mechanism is supported  
 223 by Figure 2c, which shows that the electrostatic potential,  $\phi$ , in  
 224 the edge of the structure is smaller than near its center because  
 225 edge charges are more screened by the electrolyte than center  
 226 charges. As a conclusion, the increase of the perimeter-to-area  
 227 ratio with decreasing  $P$  stabilizes the twisted structure. The two  
 228 opposing effects discussed above give rise to the minimum in  
 229 the  $\Delta\Omega^*(P)$  plot.  
 230

Figure 2a shows that the equilibrium period,  $P_{\text{eq}}$ , monotonically  
 231 decreases as the salt concentration increases. The absolute  
 232 value of  $\Delta\Omega^*(P_{\text{eq}})$ , on the other hand, experiences a maximum  
 233 for a salt concentration of around 0.05 M. For salt  
 234 concentrations much larger than 0.05 M, electrostatic  
 235 interactions become negligible due to screening by the salt  
 236

ions, which decreases  $\Delta\Omega^*$ . For salt concentrations much lesser than 0.05 M, the equilibrium shape tends to the flat ribbon because  $P_{\text{eq}} \rightarrow \infty$ ; therefore,  $\Delta\Omega^*(P_{\text{eq}})$  should also vanish. Interestingly, twisting is not predicted to occur both in the absence of electrolyte ( $P_{\text{eq}} \rightarrow \infty$  for  $[\text{salt}] \rightarrow 0$ ) or in highly saline conditions ( $\Delta\Omega^*(P_{\text{eq}}) \rightarrow 0$  for  $[\text{salt}] \rightarrow \infty$ ).

We next analyzed how the equilibrium period,  $P_{\text{eq}}$  is affected by the width of the ribbon,  $w$ , at different salt concentrations (Figure 3a). For all salt concentrations, the equilibrium period



**Figure 3.** (a) Equilibrium period,  $P_{\text{eq}}$ , as a function of the width of the ribbon,  $w$ , for different salt concentrations. (b) Equilibrium period divided by the Debye length,  $P_{\text{eq}}/\lambda_{\text{D}}$ , as a function of the equilibrium period divided by the width of the ribbon,  $P_{\text{eq}}/w$ . Both plots use the same color code.

increases approximately linearly with the width. This result qualitatively agrees with the experimental observation of an increase in the twisting period with ribbon width in self-assembled peptide amphiphiles.<sup>8,32</sup> The effect of  $w$  on  $P_{\text{eq}}$  can be rationalized in terms of our hypothesis of two competing electrostatic effects that dictate the value of  $P_{\text{eq}}$ . A decrease in  $w$  results in a decrease of the perimeter-to-area ratio (compared to that of a flat ribbon of the same width; see Figure 2b). Therefore, the system responds, increasing its perimeter-to-area ratio by decreasing  $P_{\text{eq}}$ . This mechanism explains the increase of  $P_{\text{eq}}$  with increasing  $w$ .

The characteristic length scales involved in the twisting of infinitely long and thin nanoribbons into helicoids are the width ( $w$ ), the equilibrium period ( $P_{\text{eq}}$ ), and the Debye length of the solution ( $\lambda_{\text{D}}$ , the Debye length is a characteristic length scale for electrostatic interactions in an electrolyte solution and scales as  $\lambda_{\text{D}} \sim [\text{salt}]^{-1/2}$ ). The nonlinearity of the problem and the complexity of the geometry preclude an exact analytical solution of the PB equation, so it is not possible to exactly cast the problem in terms of dimensionless variables involving these length scales. However, approximately universal behaviors may exist and can be explored numerically. We propose above that the perimeter-to-area ratio is one of the two effects controlling the degree of twisting. In the SI, we show that this parameter depends only on the ratio between the equilibrium period and width of the helicoid,  $P_{\text{eq}}/w$ .

The second proposed effect that determines the degree of twisting is the decrease of the average distance between charges with decreasing equilibrium period. This effect is

difficult to analyze, but it is reasonable to assume that it will depend on the balance between the equilibrium period (smaller  $P_{\text{eq}}$ , stronger repulsions) and the Debye length,  $\lambda_{\text{D}}$  (smaller  $\lambda_{\text{D}}$  implies stronger salt screening and weaker electrostatic repulsions). Based on these considerations, we propose that this effect is controlled by the dimensionless variable  $P_{\text{eq}}/\lambda_{\text{D}}$ . In Figure 3b, we show plots of  $P_{\text{eq}}/w$  vs  $P_{\text{eq}}/\lambda_{\text{D}}$  for the same calculations shown in Figure 3a. All data sets approximately collapse to a single universal curve, which supports the idea that the dimensionless parameters controlling the behavior of the system are  $P_{\text{eq}}/w$  and  $P_{\text{eq}}/\lambda_{\text{D}}$ .

Heretofore, we have shown that electrostatic repulsions spontaneously twist a charged flexible ribbon into a helicoid. To understand how relevant this result is in experimental systems, we consider next the elastic resistance of the ribbons and compare it with the electrostatic contribution. To estimate the elastic contribution, we compute the mechanical energy per unit area of a ribbon that is twisted at an angle  $\phi$  through a length  $L$ , given by<sup>33</sup>

$$U_{\text{elastic}} = \frac{GI_p\phi^2}{2A_{\text{helicoid}}L} \quad (6)$$

where  $G = 0.5E/(1 + \nu)$  is the shear modulus ( $E$  is Young's modulus and  $\nu$  is Poisson's ratio),  $I_p$  is the torsion constant of the cross section of the ribbon that depends on its width and thickness,<sup>34</sup> and  $A_{\text{helicoid}}$  is the area of the helicoid. Since we are considering an infinite-length ribbon, we calculated  $U_{\text{elastic}}$  for a section defined by one period  $P$ ; we set  $L = P$ ,  $\phi = \pi$ , and  $A_{\text{helicoid}}$  to be equal to the area of that section (see the SI). Note that for a given ribbon, defined by its width, thickness, and shear modulus,  $U_{\text{elastic}}$  increases with increasing degree of twisting, *i.e.*, when the period decreases. For a helicoid-shaped ribbon with a period equal to 15 nm and a width equal to 20 nm,  $U_{\text{elastic}}$  is  $0.09 k_{\text{B}}T/\text{nm}^2$ . In this calculation, we set the thickness to 3.41 nm, Young's modulus to 9.5 MPa, and Poisson's ratio to 0.5, which correspond to the values obtained by Zhang *et al.*<sup>19</sup> for the elastic energy of twisted ribbons formed by a lysine-based peptide amphiphile. Figure 2a shows that the electrostatic contribution to the free energy for ribbons with a width equal to 20 nm and a salt concentration of 0.005 M is  $-0.02 k_{\text{B}}T/\text{nm}^2$  (see Figure 2a). This value is less than an order of magnitude smaller than  $U_{\text{elastic}}$ , which implies that electrostatic effects on ribbon twisting are expected to be relevant compared to the elastic contribution. It is important to mention that  $U_{\text{elastic}}$  strongly depends on the elastic and geometric properties of the ribbon. The elastic energy will be small for thin ribbons (which are more flexible than thick ones), small shear modulus, and large twisting periods (which occur at small salt concentrations; see Figure 2a). In such cases, electrostatics should be taken explicitly into account to understand how the shape of self-assembled ribbons arises.

Ribbons often present a preferred angle of torsion  $\phi_0$  due to chiral interactions at the molecular level<sup>2,19</sup> (note that in eq 6,  $\phi_0 = 0$ ). In these cases,  $U_{\text{elastic}}$  increases when the angle of torsion shifts away from  $\phi_0$ , and  $\phi_0$  hence defines an elastic equilibrium period. Since the order of magnitude of the elastic energy is similar to that of the electrostatic energy near the electrostatic equilibrium period, electrostatics should be taken into account if the period given by  $\phi_0$  is close to the period given by electrostatics, which, for the systems analyzed in this work, is  $\sim 10$ – $20$  nm. This conclusion is supported by 334

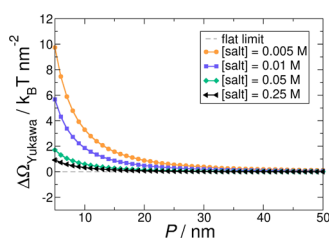
335 experimental data. For example, Adamcik and Mezzenga<sup>4</sup>  
 336 showed that the salt concentration tunes the period of twisted  
 337 amyloid fibrils in the range of 25–200 nm. Furthermore,  
 338 Uesaka *et al.*<sup>7</sup> prepared twisted and helical ribbons of different  
 339 twisting periods (~50–100 nm) by pH-driven charge  
 340 regulation. On the contrary, when the twisting period is  
 341 much larger than the optimum period dictated by electro-  
 342 statics, charge regulation is expected to play a minor role or not  
 343 to play a role at all. In sum, we conclude that the shape of  
 344 flexible ribbons that present a periodic torsion with relatively  
 345 small pitch will be significantly affected by electrostatic  
 346 interactions.

347 Finally, we investigated if an approximated description of the  
 348 electrostatic interactions using a pairwise-additive potential can  
 349 capture the fact that helicoids are minimum free-energy  
 350 surfaces in electrolyte solutions. More specifically, we consider  
 351 the Yukawa potential, which models the electrostatic potential  
 352 generated by a point charge in an electrolyte solution at the  
 353 level of the linearized PB equation.<sup>26,35</sup> Under the assumption  
 354 of pairwise additivity, this potential is usually used to model  
 355 systems with more than a single charge. To compute the  
 356 pairwise Yukawa energy of a charged ribbon, we defined point  
 357 charges homogeneously distributed on the ribbon surface and  
 358 computed the total Yukawa free energy, given by

$$\Omega_{\text{Yukawa}} = \frac{|el|^2}{4\pi\epsilon_0\epsilon_r} \sum_j \sum_{i>j, r_{ij}>r_0} \frac{\exp(-(r_{ij} - r_0)/\lambda_D)}{r_{ij}(1 + r_0/\lambda_D)} \quad (7)$$

360 where  $r_{ij}$  is the distance between charges  $i$  and  $j$ ,  $r_0$  is the  
 361 minimum allowed distance between two charges, and  $\lambda_D$  is the  
 362 Debye length. For the calculations shown below, we set  $r_0$  to 1  
 363 nm, but our qualitative conclusions are independent of the  
 364 value of this parameter.

365 Figure 4 shows the Yukawa free-energy difference per unit  
 366 area between a helicoid and a flat ribbon,  $\Delta\Omega_{\text{Yukawa}}$ , as a



367 **Figure 4.** Difference between the Yukawa free energies of a twisted  
 368 ribbon and a flat ribbon ( $\Delta\Omega_{\text{Yukawa}}$ ) as a function of the period of  
 369 twisting ( $P$ ). Calculation parameters:  $w = 20$  nm,  $\sigma = 1$   $el\text{-nm}^{-2}$ .

370 function of the period of twisting of the helicoid ( $P$ ), for  
 371 different salt concentrations. As expected,  $\Delta\Omega_{\text{Yukawa}}$  tends to  
 372 zero for  $P \rightarrow \infty$ . For all  $P$ ,  $\Delta\Omega_{\text{Yukawa}}$  is positive; therefore,  
 373 the Yukawa model predicts that the twisted ribbon is always less  
 374 stable than the flat ribbon. Note that, in a previous model from  
 375 de la Cruz's group that used Yukawa interactions,<sup>25</sup> helicoids  
 376 were more stable than flat ribbons in some conditions;  
 377 however, that model considered harmonic forces between  
 378 charges in addition to electrostatics. We also note that the  
 379 order of magnitude of  $\Delta\Omega_{\text{Yukawa}}$  (Figure 4) is significantly  
 380 larger than that predicted by the PB calculation (Figure 1a).  
 381 This difference between the pairwise-additive Yukawa model  
 382 and the PB calculations seems to be a general characteristic, as  
 383 we show in the SI by analyzing the free energy between two  
 384 infinite charged planes using numerical and analytical PB

385 calculations and the Yukawa model. We ascribe the qualitative  
 386 and quantitative differences between the predictions of the full  
 387 PB approach and the pairwise-additive approximation to the  
 388 fact that the latter does not take into account the nonadditivity  
 389 of the ionic double layers surrounding the fixed charges of the  
 390 helicoid.

## 389 CONCLUSIONS

390 In summary, we have shown that charged helicoids are more  
 391 stable than flat ribbons in electrolyte solutions under the  
 392 assumption of a constant-area transformation. This trans-  
 393 formation is the most reasonable one as it keeps a constant  
 394 charge density,  $\sigma$ . The stabilizing electrostatic free energy for  
 395 twisting the ribbon and the elastic energetic penalty have  
 396 similar orders of magnitude. In the case of nanoribbons formed  
 397 by amphiphile self-assembly, the electrostatic contributions will  
 398 be relevant for flexible ribbons (thin ribbons with low Young's  
 399 modulus), large surface charge densities (highly charged  
 400 amphiphiles), and low ionic strengths (which promote large  
 401 twisting periods that involve low elastic penalties). Even in the  
 402 case where the spontaneous twisting of the ribbon results from  
 403 molecular chirality, electrostatic interactions may be relevant  
 404 and shift the optimal twisting period. This situation can be  
 405 recognized in experiments as a dependence of the twisting  
 406 period on the ionic strength of the solution.

407 The fact that the helicoid is a minimum free-energy surface  
 408 in aqueous solution is unexpected if we consider that a one-  
 409 dimensional string of charges minimizes its energy in the fully  
 410 stretched conformation. However, twisting the nanoribbon  
 411 into a helicoid (keeping a constant and homogeneous charge  
 412 density) results in an increase in its perimeter. We, therefore,  
 413 ascribe the stability of the helicoid to an increase in the  
 414 number of charges near the edge, which are more stable than  
 415 those near the axis. This simple argument successfully explains  
 416 many of our numerical results, but one should note that there  
 417 still remain open questions, for example, why the helicoid is  
 418 the only twisted shape that can be more stable than the flat  
 419 ribbon and why pairwise-additive electrostatic models fail to  
 420 capture the effect. In conclusion, the results of this work  
 421 provide new insights into the role of electrostatics in the shape  
 422 development of soft materials.

## 422 ASSOCIATED CONTENT

### 423 Supporting Information

424 The Supporting Information is available free of charge at  
 425 <https://pubs.acs.org/doi/10.1021/acs.jpcb.0c01301>.

426 Numerical implementation, constant-perimeter and  
 427 constant-length twisting results, analysis of the stability  
 428 of ribbons of other shapes, the analytical expression of  
 429 the perimeter-to-area ratio of a helicoid, and the  
 430 comparison between numerical and analytical Poisson–Boltzmann  
 431 calculations and Yukawa approximation for the free energy of  
 432 opposing charged surfaces (PDF)

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## 454 Notes

455 The authors declare no competing financial interest.

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